



The News Mississauga SPORTS

Students aim for gold in Niagara

By: Iain Colpitts

July 12, 2010 3:48 PM - Out of some 400 athletes slated to participate in the Niagara Taekwondo Open on Saturday at Brock University in St. Catharines, 10 youngsters will represent Mississauga's ACE Taekwondo Academy.

Zubair Othman, Brandon Ngo, Harry Guo, Ethan Zhang and Sachin Sarin, all 9, Jennifer Li, 10, Hankyeol Bae, 11, Youssef Salib, 12, Karim Salib, 13, and Nikhil Sarin, 13, will compete against athletes from across North America in their final meet of the season.

ACE Taekwondo's studio has only been open in Meadowvale for six months, but Master Viresh Mistry says his students have been training three or four days a week, as opposed to one when they were practicing out of community centres in Mississauga.

"They've really adapted to the change and have excelled in the sport," Mistry said. "I'm hoping we'll do well (in Niagara). Each student can win up to two medals, so there's the potential for us to come home with 20."

In April, the studio sent 13 athletes to the provincial championships at the Mississauga Valley Community Centre and walked out with a combined 21 medals including 11 gold, five silver and five bronze.